



ABSTRACT BG

Step 1.

Open a new File with 300x400 dimensions.

Step 2.

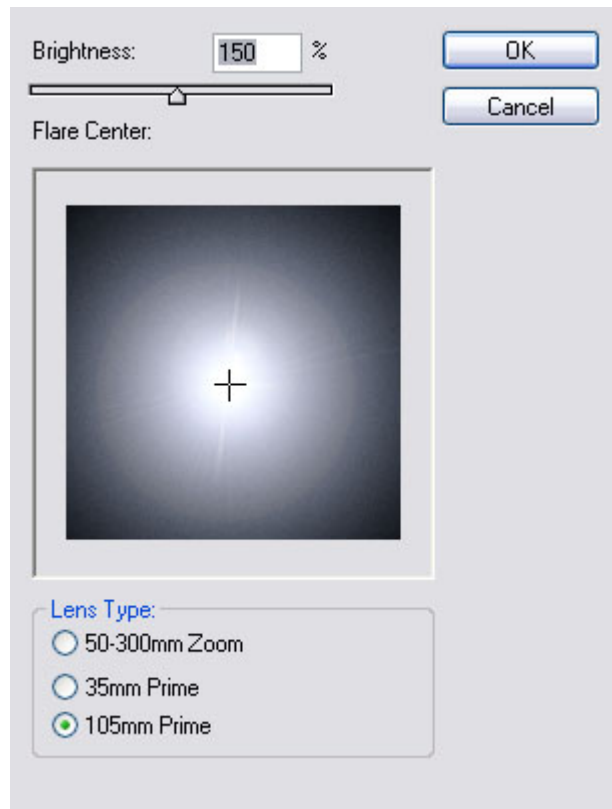
Press D.

Step 3.

Use the fill color and fill the image with Black color.

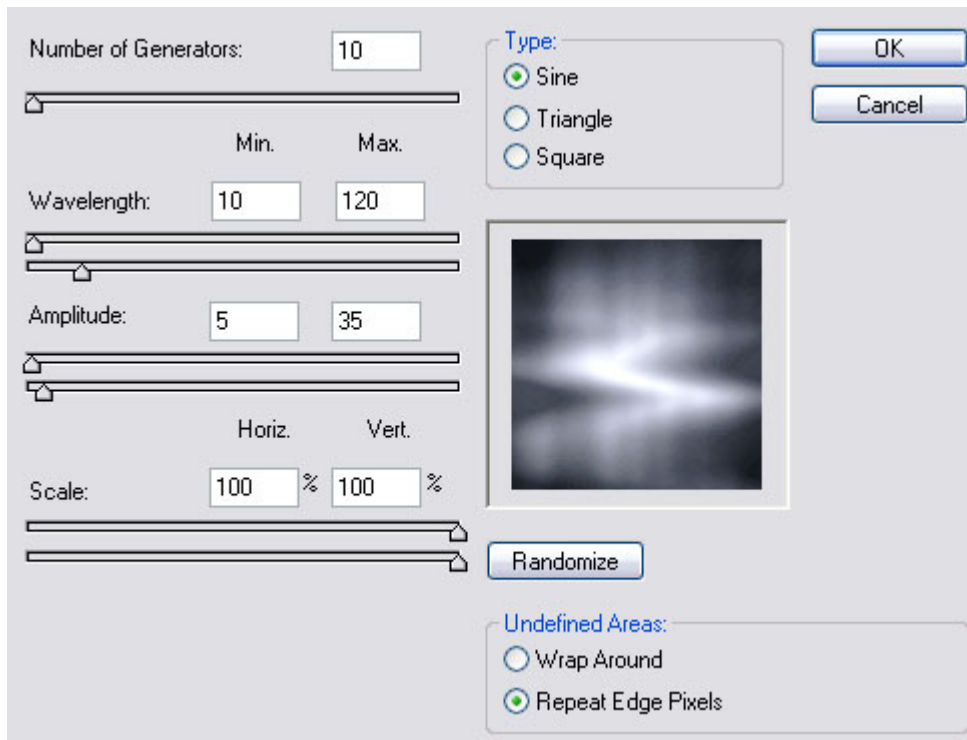
Step 4.

Filter->Render-> lens Flare. choose the following setting, and set it in the middle of the document.



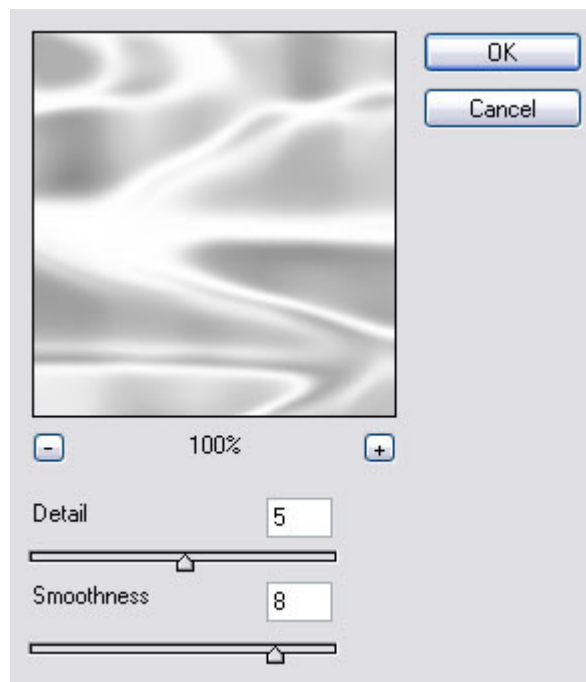
Step 5.

Filter-> distort-> Wave. Choose the following or the Default setting. and it looks like the one in the following Preview.



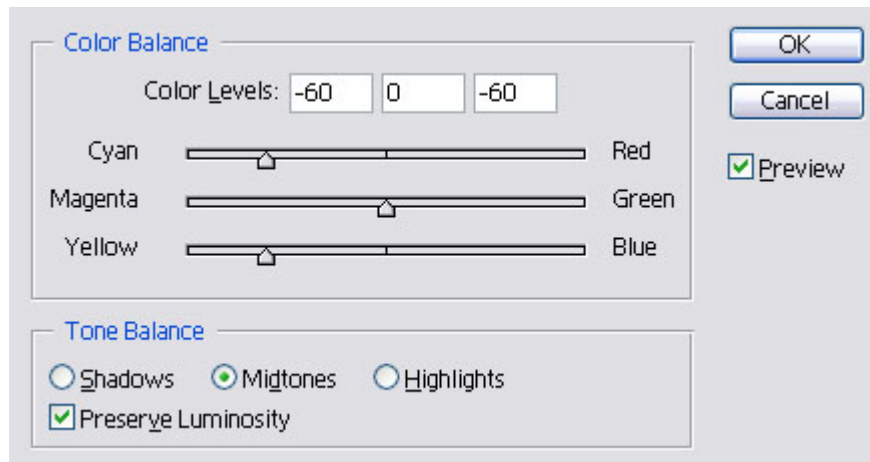
Step 6.

Filter-> Sketch-> Chrome.

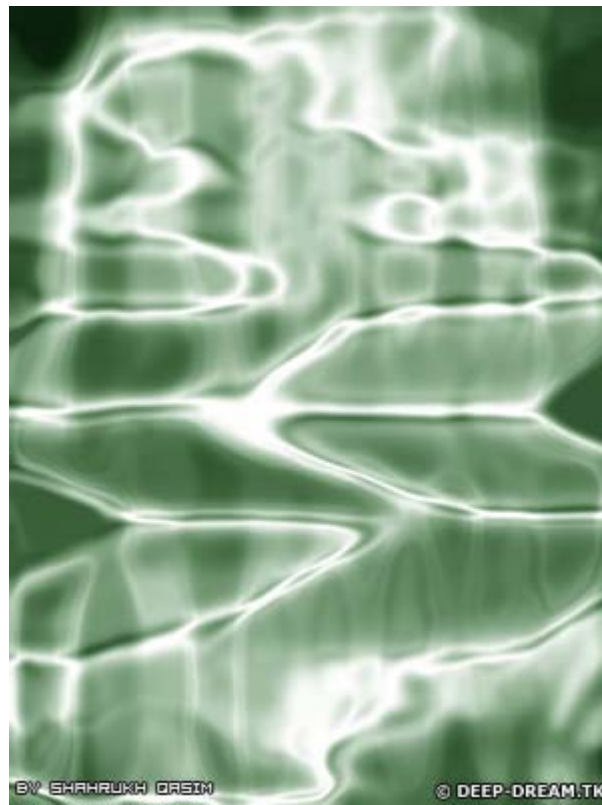


Step 7.

Now u can press ctrl+b. and use following setting.



Result



PDF By: **Bernawolf_hatef**

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